



# WATCH AND PRAY

*A Lenten Retreat at Holy Rosary Parish – Lent 2026*

*After sharing the Paschal Mystery with His closest disciples, Jesus led them into the garden to pray.*

*He said to them:*

*“Watch and pray that you may not undergo the test.”*

*These same words are meant for us as we journey through Lent 2026.*

*Jesus invites each one of us to Watch and Pray.*

## Join Us!

★ **Saturday, February 28**

**10:00 AM – 2:00 PM**

*Lunch provided at Noon*



**Holy Rosary Parish**

*34 Franklin St., Buckhannon*

✝ **Retreat Leader – Deacon John Yaquina**

*Join us for a prayerful morning as we explore and experience different ways to deepen our relationship with Christ during this sacred season.*

### *Forms of Prayer We Will Experience*

- *Lectio Divina*
- *Visio Divina*
- *Guided Meditation with the Rosary*
- *Circle of Prayer*

*Additional prayer forms to be introduced:*

- *Journaling*
- *Contemplative Prayer*
- *Contemplative Prayer*
- *Charismatic Prayer*

### **About Deacon John**

*Deacon John Yaquina was ordained in 2016 and first assigned to St. Francis de Sales Parish in Morgantown, where he served for three and a half years.*

*In 2019 he was reassigned to Our Lady of Perpetual Help Parish in Stonewood, where he currently serves.*

*He is the Coordinator of the Deacon Formation Program and*



*All are welcome to grow closer to Christ through prayer, reflection, and community this Lent.*

